Preparing your Child (and yourself) for Primary 1
From Kindergarten to Primary School…

A BIG step in your child’s Life.
For you and your child

**Parent-Child Activity Book**

Tips and activities for a great start to Primary school

- This is a resource provided by MOE to all parents of P1 children entering school next year.
- We hope this book will help you and your child have a smoother transition into Primary 1.
• The book is made of up 10 chapters.

• Each chapter starts with a “tip” for parents, which covers a different area in which you can support your child.
The list of tips is as follows:

1. Get ready for school
2. Practise routines
3. New places, new faces
4. We can do this, together
5. Be a great role model
6. Team up with teachers
7. Let’s help out at home
8. Time to let go
9. Show interest in your child
10. Every child is unique
Getting ready for Primary 1

Primary 1 Orientation

• Attend the P1 Orientation Programme.
• Purchase school uniform & textbooks together.
• Identify school facilities with your child.
Getting ready for Primary 1

Excite and involve your child

• Choose the school bag and stationery together.

• Visit the school website.
  (http://www.springdalepri.moe.edu.sg/)
• Share your **positive** school experiences with your child.

• Get elder siblings or cousins to share their **positive** school experiences with your child.

Tip 1: Get ready for school, pg. 14
Getting ready for Primary 1

Familiarisation with school routines

- School hours (7.30 am – 1.30 pm)
- Flag-raising Ceremony
- Assembly
- Recess
- School Bus: Pick-Up & Drop-off points & Discipline on the bus, identification method, school bus number
Skills for Primary 1

Practising ‘Schooling’ skills

• Organise things in the school bag with your child.

• Label the school bags and stationery with your child.

Tip 2: Practise Routines, pg. 17 -26
• Familiarise your child with school rules, class rules and school values (refer to Student Handbook)

• Get your child to sit and listen attentively for longer periods of time.

• Practise some possible scenarios that may happen in school.
• Teach your child to:
  ✓ ask for permission and help
  ✓ pass messages (between school and parents)
  ✓ write homework and reminders in student’s handbook
Skills for Primary 1

Arrangement at home

• Work with your child a timetable for the Nov/Dec school holidays.

• Allocate time for reading, doing homework & playing, e.g. at the playground & playing computer games.

• Cut down on nap time and adjust the timing.

• Sleep early at night.
• Ensure your child has a good breakfast.
• Train your child to eat faster.
• Cultivate good reading habits.
• Have a conducive study area to do homework.
• Monitor what your child views during computer usage.
• Choose TV programmes that are child appropriate, informative and pro-social.
Skills for Primary 1

Developing independence by …

• Tying his/her own shoelaces.
• Dressing himself/herself.
• Buying his/her own food.
• Eating on his/her own.
• Packing his/her own bag.
• Having good hygiene habits.
• Giving him/her some responsibility at home.
Skills for Primary 1

Literacy Skills

• Spell & write his/her name in English & Mother Tongue.
• Identify and recognise colours.
• Read simple sentences.
• Understand simple instructions in English & Mother Tongue.
Skills for Primary 1

Numeracy Skills (Learning Mathematics in daily life)

- Values of coins & dollar notes
- Pocket money & value
- Telling time
- Telephone numbers
- Count from 1 to 20
How to support your child?

• Normalise the changes.
• Give assurances.
• Set up routine after school.
• Include **outdoor** play time for your child.
• Allocate time to talk to your child every day after school.
How to support your child?

• Talk to your child about his/her worry about school, e.g. peer relationship. Work a solution together.

• Go through his/her bag after school together.

• Be involved in your child’s learning, e.g. guiding him/her in completing homework.

• Work together with your child’s teachers. Have an open communication.
School – Home Communication

- A good two-way communication between parents and schools is necessary for your child's success.

- Enable the school to understand the environmental and cultural influences that shape your child.

- Enables you, as parents, to have a clearer picture of what your child does & learns in school.
• Sharing of relevant information between teachers and parents will equip both parties in supporting the child academically and in his character development.
How to support your child?

Lastly & most importantly,

Believe in your child & learn to let go 😊
Enjoy this wonderful journey with your child!
It takes a village to raise a child.

Thank you!