19 April 2021

Dear Parents/Guardians

HEALTH SCREENING AND IMMUNISATION PROGRAMMES
IN PRIMARY SCHOOLS

The School Health Service (SHS) has resumed the health screening and immunisation programmes for the following educational levels from January 2021:

- Primary 1 and 5 students - Health screening and immunisation

Primary 1 students from 2020 (Primary 2 in 2021) who missed health screening will also be screened during the SHS visit, and Primary 6 female students will undergo backbone screening for curved spine.

As children can have changes in their vision during this period of growth, the Health Promotion Board (HPB) encourages you to continually monitor your child's vision. To assist you in monitoring your child's vision, HPB in partnership with the Singapore National Eye Centre (SNEC) has created an eye screening chart that can be used at home for children 8 years and above in Annex A. The chart provides an estimation of your child's clarity of vision (visual acuity) and can help indicate if your child needs to see an optometrist. A link to search for an optometrist near your home is available in Annex A. You can use this chart to test your child's vision every 6 months.

The chart does not substitute for an eye examination. If you have concerns about your child's vision, or if you notice any of the signs listed below, we encourage you to bring your child to see an optometrist or eye doctor for comprehensive assessment.

Signs of possible vision problems:
- Blurred vision when looking at distant objects
- Headache from eye strain
- Squinting or tilting the head to look at distant objects
- Sitting close to the television/computer or holding a book close to eyes when reading
- Rubbing eyes frequently

For queries on the school screening programme, please contact Ms Lam Hwee Peng at LAM_Hwee_Peng@hpb.gov.sg . For queries on the eye screening chart, please contact Ms Ngiam Siew Mien at NGIAM_Siew_Mien@hpb.gov.sg .

Thank you.

Dr Chow Khuan Yew
Senior Deputy Director,
School Health Service

Annex A:

Home Eye Screening Chart: Scan code for home eye screening chart, or visit https://go.gov.sg/eyechart The chart must be downloaded and printed on A4 paper (*landscape orientation, actual size*).	 https://go.gov.sg/eyechart
Feedback: Scan code to provide your feedback and comments on the home eye screening chart, or visit https://go.gov.sg/eyechartfeedback Your feedback is valuable to us.	 https://go.gov.sg/eyechartfeedback
Optometrist Search: Scan code to search for an optometrist near your home	 https://go.gov.sg/optometrist-and-optician-search