

16 April 2018

Dear Parents

We hope your child has settled into the school routine and is gearing up in preparation for the first semestral assessments coming in a few weeks' time. Here are some updates for your information.

School Events & Holidays in Term 2

Please find the following scheduled events and holidays for Term 2:

Week	Programmes/ Events/ Holidays	Remarks
Week 5	<u>Wed, 18 Apr 18</u> Conduct of Emergency Exercise on Lockdown Drill (for whole school) & Evacuation to External Holding Area @ Nan Chiau Primary School (for P5 & P6 students only) General Office will be closed at 3 pm on that day.	School hours as per normal. All students are to: ✓ have their breakfast in the morning before coming to school ✓ bring his or her water bottle ✓ wear PE attire Recess P1 & P2 – 10 am to 10.30 am P3 & P4 – 10.30 am to 11 am P5 & P6 – 11 am to 11.30 am
	<u>Thu, 19 Apr 18</u> Cancellation of P1 to P6 MT ACE & Supplementary Class	MT Teachers are involved in community marking in the afternoon.
	<u>Fri, 20 Apr 18</u> P5 & P6 Parents' Seminar	Please refer to Letter to Parents sent on 26 Mar 18.
Week 7	<u>Mon, 30 Apr 18</u> After-school NAPFA Testing for P6 students	As part of overall physical development, students are strongly encouraged to train & practise for the NAPFA items. The standards are reflected in the Students Handbook (Pg 26 & 27). More details are provided in the Letter to Parents sent out today.
	<u>Wed, 2 May 18</u> After-school NAPFA Testing for P4 students	
	<u>Tue, 1 May 18</u> Labour Day Public Holiday	<i>All students need not report to school.</i>
Week 10	<u>Fri, 25 May 18</u> Parent-Teacher Conference 1	More details will be shared nearer the date.
Term 2 School Hols	<u>Mon to Fri, 28 May 18 to 1 Jun 18</u> Remediation programme for selected P2 to P5 students	Parents of selected P2 to P5 students will be notified this week.

Week	Programmes/ Events/ Holidays	Remarks
	Supplementary Programme for P6 students	For all P6 students. Please refer to the Letter to Parents sent out today.
	<u>Tue, 29 May 18</u> Vesak Day Public Holiday	All students need not report to school on Tue, 29 May 18 as it is the Vesak Day Public Holiday if they are back for remediation or supplementary programme.

A gentle reminder that your child should be present in school during term time and not miss lessons unless he/she has been excused by the doctor under medical reasons.

Booklets on Raising Readers Toolkit & Primary School Mother Tongue Languages (MTL) Curriculum (for P1 students only)

Please refer to the 2 booklets issued to your child today. **Raising Readers Toolkit** is a National Library Board (NLB) publication that provides resources on how you can raise a reader in your child. **Primary School Mother Tongue Languages Curriculum** aims to support parents in understanding their children's learning of MTL in school and how you can work alongside school to play an active role in your child's learning of the MTL.

Storybooks on SGSecure (for P3 & P4 students only)

In line with the SGSecure movement, Ministry of Home Affairs has produced two storybooks, '**Attack At The Mall**' for all P3 students and '**The Runaway Car**' for all P4 students. These books aim to raise our students' awareness of the importance of vigilance, cohesion and resilience in standing up to a terror threat. Through the stories, students will learn how to stay safe and protect themselves if they encounter an emergency situation.

Our teachers will be using these storybooks to initiate a conversation with our students. Parents can also use the scenarios in the storybooks to have a deeper conversation with your child on the importance of staying vigilant and be cohesive.

MySkillsFuture Resources (for P5 students only)

Please refer to the resources that were issued to your child today.

No.	Resources	Focus
1	MySkillsFuture Brochure & Passport for Students	Highlight the key features in MySkillsFuture & how students can use the Portal for education & career planning.
2	MySkillsFuture Brochure for Parents	Highlight the key features in MySkillsFuture & how parents can use the Portal to support your child for education & career planning.

Cyber Wellness Resources

To complement the cyber wellness curriculum in schools, parents can set a good example at home in the use of technology and play an active role in guiding the children in navigating the cyberspace. To help you start on this journey, you may want to visit <http://ictconnection.moe.edu.sg/cyber-wellness/for-parents> for some tips and strategies you can employ at home. You may also wish to download **C-Quest game app** from the iTunes Store/ Google Play to facilitate conversation with your child on cyber wellness.

Computer Ownership

Families with combined Monthly Household Income \leq \$3,400 or Per Capita Income (PCI) \leq \$900 are eligible to apply for a subsidy to purchase computers and internet connection through NeuPC Plus programme. Please visit NeuPC website at: <https://www.imda.gov.sg/neupc> or call the General Office for more information.

Dismissal at School Rear Gate (Reminder)

To ensure the safety of our students, we would like to once again remind all parents and caregivers to **refrain from standing around the passageway** and on the **steps of the overhead bridge** while waiting to pick the children during school dismissal. We hope to have your continued cooperation and assistance when it comes to ensuring the safety of our children.

Health Management

In view of the weather in Singapore, the school will monitor the situation and implement appropriate measures based on the health advisory from MOE to ensure the well-being of our students and staff. Hence, we would like to remind our students to take care of themselves and note the following:

- ✓ Drink plenty of water
- ✓ Avoid strenuous activity and stay indoors when the day is very hot
- ✓ To be more vigilant if they have heart or lung problems & to ensure they bring along their medication to school always

Infectious and contagious diseases may occur periodically in schools if we are not mindful in our ways and practices. Hence, we would like to seek your assistance to ensure that your child is well at home before he/she comes to school. ***If he/she feels unwell, e.g. fever, gastric flu, running nose or flu, diarrhoea, cough, vomiting, giddiness, having rashes that spreads, sore eyes, etc., please seek medical attention for him/her and refrain from having your child attend school*** so as not to spread the virus or sicknesses to his/her classmates. Do keep the school informed of the reasons for absence.

Our students are also constantly reminded to practise good health and hygiene habits, including proper hand washing procedures in school. As parents, we hope that you will also help to reinforce similar practices and remind your child to do likewise when he or she gets home. We hope to partner with parents in ensuring the school remains a safe and clean environment for learning to take place.

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To enhance the well-being of our students, do take note that only dry snacks such as **biscuits, sandwiches or fruits** are allowed to be consumed in class during the snack break. Parents should avoid packing unhealthy snacks like crackers, chips and chocolates for your child. Please refer to **Annex A** for more information on how you can pack healthier snacks for your children.

The school conducts temperature-taking exercises after the school vacation. **Kindly ensure that your child's thermometer is in working condition and that your child has the thermometer in his/her bag every day.**

Lastly, as there will be a few assessment items lined up over the next few weeks, we do hope you spend some time to monitor your child's learning and revision. As the assessment items counted towards the overall marks at the end of the year, do note that **a valid medical certificate** is needed if your child is not feeling well and is absent from school on the afore-mentioned dates. If he/she is absent and does not have a valid medical certificate, he/she will be given **"0" mark** for the particular assessment item.

Please also note that students who are late without a valid reason on the days of assessment will not be given extra time and the End Time would be the same as the rest of the students sitting for the assessment in the classrooms. Hence we would like to encourage parents to make it a habit to send your child to school early so that they have time to settle down before their school day begins.

Lastly, punctuality is a virtue which we would like to inculcate in our students from young. Some students are still coming to school after 7.30 am. Do note that **students not present in class during attendance-taking at 7.30 am will be considered late for school and this will be reflected in the students' report book.**

Thank you for your kind attention and support. If you have further queries on the above, please feel free to contact your child's Form Teacher. We wish your child the very best in the coming assessments.

Yours sincerely
Mrs Lee-Koh SC
Principal

Ideas for Snack Break

If you are wondering what other snacks you can prepare for your child, here are some simple and easy-to-prepare snacks for your consideration.



SNACKS FOR BREAK TIME

The following examples are snacks for students that are easy to prepare and pack for consumption during class breaks.

WHOLEMEAL SANDWICHES

- *Peanut Butter & Jam
 - Cucumber and Tomato
 - *Grilled Cheese
- (wrapped in aluminium foil to retain freshness)*



PIZZA

- Wholemeal bread pizza with vegetable toppings
- (wrapped in aluminium foil to retain freshness)*



VEGETABLES

- Carrot or cucumber sticks with chickpea dip (mashed chickpea with HCS orange juice)
- Boiled broccoli with cute toppers



FRUIT & NUTS

- Fresh fruit kebab
- Almonds added to plain cereal for a higher fibre snack or plain nuts



WHOLEMEAL WRAPS

- Homemade popiah filled with vegetables (toasted)
 - Vietnamese rolls
 - Slice into triangles and toasted to make "chips"
- (store in air-tight bag/ container to maintain crisp)*




WHOLEMEAL PANCAKES, MUFFIN & CAKES

- Banana Pancakes
- Homemade with reduced sugar



POPCORN/ CRACKERS

- Homemade without additional toppings like salt, butter
- Wholegrain or HCS variety

*where possible, choose the Healthier Choice Symbol (HCS)  or lower fat/lower sugar options