

23 January 2017

Dear Parents of Primary 5 Students

**MOE Sexuality Education in Schools – The Growing Years Programme for 2017**

1. Sexuality Education (SEd) in schools is about enabling students to understand the physiological, social and emotional changes they experience as they mature, develop healthy and rewarding relationships including those with members of the opposite sex, and make wise, informed and responsible decisions on sexuality matters. SEd is premised on the importance of the family as the basic unit of society. This means encouraging healthy, heterosexual marriages and stable nuclear family units with extended family support. The teaching and learning of SEd is based on respect for the values and beliefs of the different ethnic and religious communities in Singapore on sexuality issues.
2. The goals of Sexuality Education are:
  - a. To help students make wise, responsible and informed decisions through the provision of accurate, current and age-appropriate knowledge on human sexuality and the consequences of sexual activity;
  - b. To help students know themselves and build healthy and rewarding relationships through the acquisition of social and emotional skills of self-awareness, management of their thoughts, feelings and behaviours, development of empathy for others, possession of effective communication, problem-solving and decision-making skills; and
  - c. To help students develop a moral compass, respect for themselves and for others as sexual beings, premised on the family as the basic unit of society, through the inculcation of positive mainstream values and attitudes about sexuality.
3. The key messages of Sexuality Education are:
  - a. Love and respect yourself as you love and respect others;
  - b. Build positive relationships based on love and respect (which are the foundation for strong families);
  - c. Make responsible decisions for yourself, your family and society; and
  - d. Abstinence before marriage is the best protection against STIs/HIV and unintended pregnancies. Casual sex can harm and hurt you and your loved ones.
4. We would like to inform you that the school will be conducting a Growing Years Series programme for the Primary 5 students. Only trained teachers will be selected to conduct the lessons and students will be separated into single-gender classes so that the delivery of the package is customised to gender needs.
5. Please visit the school's webpage ([www.springdalepri.moe.edu.sg](http://www.springdalepri.moe.edu.sg)) for more information on Springdale Primary School's Sexuality Education Programme for 2017.

Thank you for your continued support.

Yours sincerely  
Mrs Lee-Koh SC  
Principal

**Acknowledgement Slip**

*(Please return this portion to the Form Teacher by **Wed, 25 Jan 17.**)*

**Re: MOE Sexuality Education in Schools – The Growing Years Programme for 2017**

I acknowledge receipt of the Letter to Parents from the school dated on 23 Jan 2017 regarding the school's sexuality education, *Growing Years* programme that will be taught in Term 3 & 4 this year for the Primary 5 students. I have read and understood the information provided on the content coverage and delivery of the programme.

Name of Child : \_\_\_\_\_ Class : P5 \_\_\_\_\_  
Name of Parent : \_\_\_\_\_ Contact No. : \_\_\_\_\_  
Signature of Parent : \_\_\_\_\_ Date : \_\_\_\_\_

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**Parent Opt-out Form**

**[This section is applicable only if parents wish to opt their child out of the Growing Years programme.]**

**Re: MOE Sexuality Education in Schools – The Growing Years Programme for 2017**

1. I would like to withdraw my child, \_\_\_\_\_ (full name of child) of Primary 5 \_\_\_\_\_ (class) from the *Growing Years* programme in 2017.
2. My reason(s) for my decision to opt my child out of the programme:
- Religious reasons
  - My child is too young.
  - I would like to personally educate my child on sexuality matters.
  - I do not think it is important for my child to attend Sexuality Education lessons.
  - I have previously taught my child the topics in the GY Programme for this year.
  - I am not comfortable with the topics covered in the GY Programme for this year.
  - Others: \_\_\_\_\_  
\_\_\_\_\_

Name of Parent : \_\_\_\_\_ Contact No. : \_\_\_\_\_  
Signature of Parent : \_\_\_\_\_ Date : \_\_\_\_\_  
Email Address : \_\_\_\_\_ (optional)

