

27 February 2017

Dear Parents of P5 Students

### **P5 Outdoor Adventure Camp 2017**

We would like to inform you that the school will be organising its first Outdoor Adventure Camp 2017 for all P5 students. This 3-day 2-night residential camp will be held at **MOE Dairy Farm Outdoor Adventure Learning Centre** from **Thu to Sat, 23 to 25 Mar 17**.

The objectives of the camp are:

- ✓ To develop character, social-emotional competencies & leadership skills as students interact with one another through community living away from home.
- ✓ To develop in students a sense of identity & belonging as they forge meaningful friendships through the activities.
- ✓ To promote camping as a healthy outdoor activity that fosters team spirit through well-crafted & meaningful activities.
- ✓ To provide students with a platform to discover their interests & talents in outdoor & adventure activities.

The details of the camp are as follows:

Date : Thu to Sat, 23 to 25 Mar 17

Location : MOE Dairy Farm Outdoor Adventure Learning Centre (OALC)

Reporting time on 23 Mar 17 : Students will report to school as usual before 7.30 am

Dismissal time on 25 Mar 17 : Students are expected to be back in school by 11.30 am.

***Parents can pick all students from the School Canteen via the Main Gate.***

Please complete the attached **Camp Registration Form & submit it to your child's Form Teacher latest by Wed, 1 Mar 17**. Unless your child is certified medically unfit to attend the camp, all P5 students are required to participate in the camp. A formal written request for exemption is required & has to be submitted to the Form Teacher by **Wed, 1 Mar 17**.

To prepare your child for the camp, there will be a briefing for the students on Tue, 7 Mar 17 in school. We have also attached a **Packing List & FAQ** for your reference in **Annex A & B**. Sales of some of the camping equipment by a vendor will be held during the Parent-Teacher Conference (PTC) on Fri, 3 Mar 17 from 8 am to 5 pm in the canteen. The prices of these items are attached in Annex C & you may like to buy them if you do not have some of these items or alternatively, purchase some of the items from any camping store.

If you have further queries on the camp, please email Mr Randall Lim, HOD/PE, at [lim\\_kern\\_wei\\_randall@moe.edu.sg](mailto:lim_kern_wei_randall@moe.edu.sg) or Mr Hasnan, ST/PE, at [hasnan\\_b\\_ahmad@moe.edu.sg](mailto:hasnan_b_ahmad@moe.edu.sg).

We look forward to your child's active participation in the camp!

Yours sincerely  
Mr Randall Lim  
HOD/Physical Education

### Packing List for P5 Outdoor Adventure Camp

Clothing	Quantity/ Remarks	Tick
1. T- Shirts (with sleeves)	At least 5 T-shirts (preferably school PE T-shirts)	
2. Shorts/ Slack/ Bermudas	At least 3 [No jeans, FBT shorts]	
3. Track Pants or cargo pants	2 pairs	
4. Undergarments	At least 4 sets	
5. Sweater/ Wind-breaker	1	
6. Cap (optional)	1	
7. Socks	3 pairs	
8. Long Sleeve T- Shirt (optional)	1	

Footwear	Quantity/ Remarks	Tick
1. Slippers	1 pair (for Shower and at Night only)	
2. Shoes	2 pairs (To be worn throughout the day)	

Personal Items	Tick
1. Toiletries (toothbrushes, toothpaste, soap, shower gel, sanitary pad, etc.)	
2. Toilet Paper (at least half a roll)	
3. Towel (for shower)	
4. Sunblock lotion	
<b>5. Insect Repellant</b>	
6. Sleeping bag	
7. Pen/ Pencil	
8. Torch light	
9. Thermometer	
10. Plastic Bags for dirty clothing	
11. Water Bottle (1L or larger preferred)	
12. Pouch/ Small Backpack	
13. Personal Medication, if any, e.g. Inhaler, Insulin, etc.	
14. Raincoat/ Poncho/ Umbrella	

Utensils (Non-disposable)	Tick
1. Plastic Plate/ Plastic Bowl	
2. Plastic Cup/ Plastic Mug	
3. Fork & Spoon	

**Note: Please write your name on all your belongings.**



## Frequently Asked Questions (FAQ) regarding the Camp

### Q1 When will the camp be held?

A1 The camp will be held from Thu, 23 Mar 17 to Sat, 25 Mar 17.

### Q2 Where is the location of the campsite?

A2 It is located at MOE Dairy Farm Outdoor Adventure Learning Centre (OALC), 30 Dairy Farm Road, S679058. Dairy Farm OALC is located at the fringe of Bukit Timah Nature Reserve, near the Dairy Farm Quarry. Surrounded by the tropical forest, it is a perfect place to discover the nature reserve flora and fauna.



### Q3 What safety precautions do the school take for the conduct of the camp?

A3 The school has engaged a camp operator that has been running camps for many schools since 2001. The camp staff are very familiar with the campsite as they used to be based at the location. The school, together with the vendor, has looked into the risk assessments & safety precautions for the conduct of the activities. Our teachers will also be there to supervise the running of the activities to ensure that safety is not compromised.

### Q4 Who do I contact in case of emergency if I need to reach my child?

A4 You could call Springdale Primary School General Office at 6315 7600 during school hours and 9724 0774 after school hours. Please identify yourself, your child's name & class & then inform the duty staff the state of emergency. The duty staff will then inform the Camp Commandant who will contact you soonest possible. **Please take note that the line is for emergency situations only.**

### Q5 Will there be any trained first-aiders on standby during the camp?

A5 Yes, the camp operators will standby a first-aiders throughout the 3 days. All the accompanying PE Teachers who are staying throughout the camp period are first-aid trained. Should a child be ill or seriously injured during the camp, teachers will inform the child's parents.

### Q6 Will meals be provided?

A6 Yes, the camp operator has engaged a licensed caterer (halal-certified), approved by the National Environment Agency (NEA), to prepare all meals. Care has been taken to ensure that the students are provided with a balanced diet.

**Q7 Will there be vegetarian food?**

A7 Yes, students who require vegetarian meals need to state so in the **Camp Registration Form**. The school will then inform the Camp Operator to prepare the necessary meals.

**Q8 Are there teachers accompanying the students throughout the 3 days?**

A8 Yes, there will be sufficient teachers accompanying the students throughout the 3 days. Apart from the teachers, there will be Group Facilitators from the camp operator assigned to the respective groups.

**Q9 Are the Camp Facilitators trained to conduct the camp activities?**

A9 All Camp Facilitators are trained to conduct the respective activities.

**Q10 What is the ratio of instructor to participants?**

A10 The instructor to participants ratio is 1:20.

**Q11 Will the Camp Facilitators force my child to perform tasks which he/she is afraid of?**

A11 The school is adopting the "Challenge by Choice" philosophy. The Camp Facilitator will encourage students to achieve their goals & provide them with a safe environment where they can go beyond their comfort level.

**Q12 Is there any water activity?**

A12 No, there is no water activity for the camp.

**Q13 Where will the students be sleeping?**

A13 All students will be sleeping in dormitories. The rooms are non-air-conditioned (with fans only). These dormitories can accommodate up to 360 students. There are bathroom/toilet facilities at every dormitory block.

**Q14 Is the premise of the campsite safe at night?**

A14 The perimeter of the campsite is fenced. There will be two adult sentries on patrol within the camp premise at night.

**Q15 Is it safe for the students to go to the toilet after lights out?**

A15 Students will be briefed on the procedures for use of the toilets after lights out. They will go to the toilet at least in twos (with their buddy). If they are afraid, they can also get the adult sentries to accompany them and wait for them outside the toilet. After lights out, the adult sentries will focus their patrolling near the students dormitories (clustered close together).

**Q16 Will students of the opposite gender be sleeping together?**

A16 No, all members of the opposite gender are not allowed in each other's dormitories at all times.



**Q17 Are the students allowed to bring handphones?**

A17 No, students are not allowed to bring handphones. **The school or camp operator will not be liable for any loss of items** during the camp. Parents should also not call their child during the camp unless it is an emergency as this will disrupt their learning.

**Q18 If students are not allowed to bring handphones, what will happen in an emergency?**

A18 If there is an emergency & a child needs to call home, the child will inform the Camp Facilitator or Teacher & they will then assist him/her accordingly.

**Q19 Do the students need to bring along extra cash?**

A19 No, students need not bring along extra cash. All meals will be provided for & students are not required to purchase anything during the camp. However, should you see the need for your child to bring some money, it is his/her responsibility to ensure that they are kept properly. **The school or camp operator will not be liable for any loss of items** during the camp.

**Q20 Are parents or relatives allowed to visit the child?**

A20 The away from home-school-parents experience offers students a unique opportunity to encounter the practical realities of living away from familiar surroundings. It will also cultivate in students a 'dare' to venture into unknown territories. Hence, we advise parents or relatives not to visit their child so as not to disrupt their learning experiences.

**Q21 What are the programmes like for the 3 days?**

A21 Students would wake up & have breakfast before they begin the various activities. As this is a big cohort, they will move around in groups to do the various activities. Activities include both low & high elements, hiking & outdoor cooking. There will also be time set aside for debrief & reflection.

Camping Items from Vendor

**Camping Items @ Student Prices**

Venue -

( Canteen ) Date :

Time :

Name ..... Class .....



 1L Water Bottle <b>\$5</b>	 Poly Carbonate Cutlery Set+Mini Clip <b>\$3.50</b>	 Stainless Steel Fork+Spoon+Chopstick <b>\$3</b>	 Mini Fan Light <b>\$4.50</b>	 Rechargeable Fan <b>\$5</b>																					
 Mini Light Keychain <b>\$1</b>	 Backpack 40L \$25 60L \$35	 Safety Glow Stick <b>\$1.50</b>	 Mini Smart Clip <b>\$1</b>	 Shower Bag <b>\$5</b>																					
 Drawstring Bag <b>\$2</b>	 Emergency Poncho <b>\$1</b>	 Insect Repellent Sticker <b>\$4</b>	 Citronella Insect Repellent Spray <b>\$2</b>	 Compact Fast Dry Microfiber Towel <b>\$8</b>																					
 Comfort Padded Air Pillow <b>\$8</b>	 Travel Air Pillow <b>\$4</b>	 Water Shoes <b>\$25</b>	 10L Waterproof Bag <b>\$15</b>	 05L Waterproof Bag <b>\$12</b>																					
 Sleeping Bag <b>\$10</b>	 Track Pants <b>\$10</b>	<table border="0"> <tr> <td>Size / No</td> <td>Length</td> <td>Max Waist</td> </tr> <tr> <td>XXXS - 32</td> <td>75 CM</td> <td>35 INCH</td> </tr> <tr> <td>XXS - 34</td> <td>82 CM</td> <td>40 INCH</td> </tr> <tr> <td>XS - 36</td> <td>87 CM</td> <td>42 INCH</td> </tr> <tr> <td>Small - 38</td> <td>89 CM</td> <td>45 INCH</td> </tr> <tr> <td>Med - 40</td> <td>90 CM</td> <td>48 INCH</td> </tr> <tr> <td>Large - 42</td> <td>94 CM</td> <td>51 INCH</td> </tr> </table>	Size / No	Length	Max Waist	XXXS - 32	75 CM	35 INCH	XXS - 34	82 CM	40 INCH	XS - 36	87 CM	42 INCH	Small - 38	89 CM	45 INCH	Med - 40	90 CM	48 INCH	Large - 42	94 CM	51 INCH	<p><b>Total</b> Cash Only</p>	
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**Springdale Primary School**

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springdale\_ps@moe.edu.sg

### Camp Registration Form

(Please return this portion to your child's Form Teacher latest by **Wed, 1 Mar 17.**)

#### **Re: P5 Outdoor Adventure Camp 2017**

I acknowledge the receipt of the Letter to Parents dated on 27 Feb 2017 regarding the P5 Outdoor Adventure Camp from 23 Mar 17 to 25 Mar 17. I have read and understood the information provided regarding the camp.

Please tick ( ✓ ) accordingly.

Other than what has been declared earlier this year, please state <b>other medical conditions</b> , if any.	<input type="checkbox"/> There is no further updates on my child's medical condition. <input type="checkbox"/> Updates of my child's medical condition: _____ _____
Please state dietary requirement.	<input type="checkbox"/> Halal Meals <input type="checkbox"/> Vegetarian Meals
Please state any other concerns (if any) for school to note.	
In case of an emergency during the camp, please provide contact details.	Name of Guardian: _____ Relationship: _____ Contact No.: _____

Name of Child : \_\_\_\_\_ Class : P5 \_\_\_\_\_

Name of Parent : \_\_\_\_\_ Signature of Parent: \_\_\_\_\_

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